



# Time Table Term 3 2017

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Combative Sports: **Adults** : **Juniors**  
 Fitness: **Adults** : **Juniors**  
 Combative Arts: **Adults** : **Juniors**  
 Health : **Adults** : **Juniors**  
**Combat Sports** = Boxing, Kickboxing & Grappling  
**Combat Arts** = Kung fu, Self-defence & Weapons

Tamborine	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:00 AM						
9:00 AM						
9:00 AM						
9:30 AM						
10:00 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
2:00 PM				Combat Fitness 2.15pm - 2.55pm		
2:30 PM						
3:00 PM						
3:30 PM			Kids/Juniors Kung Fu Level 1-3	Open Weapons		
4:00 PM						
4:30 PM						
4:30 PM				Adults Internal Kung Fu ages 14+		
5:00 PM			Adults Self defence Class			
5:30 PM						
6:00 PM						
6:00 PM						
6:30 PM						
6:30 PM						
7:00 PM						
7:00 PM						
7:30 PM						
8:00 PM						